



COVENANT DAY SCHOOL ATHLETICS

2020-21 Winter Sports Information

(updated 10/5/20)

Check team pages on the CDS athletic website for the most recent updates.
www.covenantday.org/athletics

General information for all Winter Teams:

- **MS Eligibility:** MS teams are designated for students in grades 7 and 8. In the event MS rosters are not filled by 7th and 8th graders, we may allow 6th grade student participation (following our conference hardship policy). See team information below to determine which teams (if any) we initially believe we may need to utilize the hardship policy.
- **Paperwork:**
 - All athletes must have a current physical (within the past 13 months), NCISAA participation form, parent permission form, signed concussion statement, and the \$25 athletic participation fee paid online prior to the first day of tryouts/practice. All paperwork must be uploaded to the Magnus system online.
 - Questions about paperwork may be directed to Mary Hill. mhill@covenantday.org
- **Communication 2020-21:** We will continue to use Team Snap as our communication tool in 2020-21. You will receive an invitation via email to join Team Snap for your team. Please accept this invitation. Head coaches are expected to send a weekly communication to the entire parent group (via Team Snap) in preparation for the upcoming week. Weekly communications should include the practice schedule and game schedule for the week along with additional pertinent information. Questions about Team Snap should be directed to Marty Parrish. mparrish@covenantday.org This is fine.
- **Fine Arts and Athletics Participation:** The Athletic and Fine Arts Departments desire for students to participate in their choice of extra-curricular activities. Participation on a sports team and in a Fine Arts production during the same season is difficult, and in most circumstances, not possible.
- **Contact** Mary Hill or Marty Parrish if you have questions about winter sports:
mhill@covenantday.org 704-814-1008; mparrish@covenantday.org 704-814-1083

Varsity Cheerleading:

- For girls in grades 9 – 12.
- Tryouts will be held on November 2 at 3:30 pm.

200 Covenant Church Lane ♦ Matthews NC 28105 ♦ 704-814-1008 ♦ 704-708-6149 fax

- Athletes should meet Coach Taylor Garrow in the HS Student Commons at 3:30 PM.

Middle School Cheerleading:

- We will not field a team this season due to insufficient numbers.

Varsity Swimming:

- For students in grades 9 – 12.
- First day of practice is November 2 before school at Carrington Swim and Racquet Club.
- Athletes should meet Coach Pierce Bradshaw at the pool. Transportation will be provided to campus after practice.
- Contact Coach Bradshaw at nsscoachpb@gmail.com regarding morning practice details.

MS Swimming:

- For students in grades 7-8.
- First day of practice is November 2 at Simmons YMCA.
- Athletes should meet Coach Turner in the bus pick up area.
- Bus departs 3:30 PM and returns to CDS around 5:45 PM. Parents should pick-up students in the high school parking lot.
- Team will not practice on Fridays.

General guidelines for Basketball teams:

- Each team will have a roster cap which will be determined by Coach and Athletic Director.
- Tryouts are typically held over a two or three-day period.
- Students must wear basketball appropriate shoes (no running shoes or similar).
- Students are expected to attend each day of the tryout.
- Coaches develop criteria by which each student will be judged on an individual basis.
- Students are only evaluated based on performance during the tryout period.
- Students who are injured during the tryout process or who are not able to begin the tryout process may begin/finish tryouts at a later date under the following guidelines:
 - Injury must be documented by our Athletic Trainer.
 - Student must attend tryouts/practices unless he/she is receiving treatment or performing rehabilitation on the injury.
 - Student and parents must understand the injured student is not guaranteed a position on the team once the injury heals.
 - An injury requiring lengthy treatment/recovery may prohibit the student from trying out on a later date. Athletic Director will determine the deadline for injured student to return to the team to complete tryouts.

Middle School Boys Basketball “A” and “B”

- Tryouts begin October 28. Location and time TBD.
 - Tryouts will begin at 3:30 if Varsity Volleyball season is over.
 - Tryouts will begin at 6:00 if Varsity Volleyball is competing in the NCISAA tournament.
- Boys in grades 7-8 may try out.
- Athletes should meet Coach Codey and Coach Massey in the lobby of the Main Gym.

Middle School Girls Basketball

- Tryouts begin October 26 3:30 – 5:00 in Auxiliary Gym.
- Girls in grades 7-8 may try out.
- Athletes should meet their coach (TBA) in the Auxiliary Gym immediately after school.

V and JV Boys Basketball

- Tryouts begin November 2 in the Main Gym.
- Boys in grades 9-12 may try out. (JV is for grades 9-10, Varsity is for grades 9-12)
- Athletes should meet Coach Marty Parrish no later than 5:00 PM in the Main Gym lobby.

V and JV Girls Basketball

- Practice begins November 2.
- Girls in grades 9-12 may try out.
- Athletes should meet Coach Gabriel at 3:30 pm in the Main Gym.